

St Vincent's Head and Neck Multidisciplinary Team Meeting (MDTM) Clinic

The **Head and Neck MDTM Clinic** is comprised of a team of ENT surgeons, head and neck surgeons, plastic surgeons, radiation oncologists, medical oncologists, radiologists, cancer care coordination nurses, social workers, a dentist, dietician, speech pathologist and other health professionals who meet collectively to discuss your medical history; identify your specific health needs; generate the best possible options for ongoing investigation, treatment and care; and ultimately to communicate these outcomes to you so you can make informed decisions about your health in consultation with your treating doctor.

When you come to the Clinic, please bring:

- All x-rays and scans
- Any current medications you are taking

At the Clinic you may have a procedure that visualises the mouth, nose and throat via a flexible telescope attached to a camera. Your doctor will take you to a special procedure room near the reception area for this, and your throat will be sprayed with local anaesthetic first, to ensure any discomfort is minimised. It is not necessary to stop eating or drinking before this procedure and you can safely resume normal activity afterwards. You may take a family member or friend with you to the procedure room for support.

If you have any queries or concerns about coming to the Clinic, please contact your doctor via the main hospital switch on 8382 1111, or The Kinghorn Cancer Centre reception on 9355 5600.



The **Head and Neck MDTM Clinic** is held on Tuesdays on level 5 of The Kinghorn Cancer Centre. The front entrance is at 370 Victoria Street, Darlinghurst, 200 metres north of St Vincent's Hospital, next to the Garvan Institute.

Please make sure you arrive by **10am** to book in and complete the necessary paperwork. You will then be seen by one of the doctors, who will take your medical history and examine you before presenting your case to the rest of the team.

Sandwiches and a drink are provided for patients and their families in the reception area at midday, as the waiting time can be quite long and you will need to remain until the Clinic has finished. At the conclusion of the Clinic, your doctor will take you to a consulting room to discuss your treatment options.

There are computers in the reception area, which you are very welcome to use while you wait.

How to get to the Kinghorn

BUS Route 311 will take you to the corner of Darlinghurst Rd and Burton St. TKCC is a 150-m walk east of the bus stop. Route 389 will take you to the corner of Burton and Victoria streets. TKCC is about 50 m north of the stop.

TRAIN The nearest station is Kings Cross on the Eastern Suburbs line. TKCC is a 15-minute walk south along Victoria St towards St Vincent's Hospital.

TAXI Taxis regularly service Victoria St, otherwise you can make a booking at reception on the ground level.

CAR PARKING There is parking under TKCC. Parking is also available in the St Vincent's Hospital parking station, off Victoria St, and the St Vincent's Clinic Car Park in Barcom Ave. There is on-street parking around TKCC, with a 1- or 2-hour limit. Fees apply for all parking.

KINGHORN CAR PARK

- Entry Mon to Fri, 8am to 5.30pm. There is **NO ACCESS** outside these times
- Patient parking is located on levels P3A and P3B. Spaces are clearly marked 'patient parking only'.
- Payment **MUST BE MADE WITH A CREDIT CARD** in the ticket machine in the P3 lift lobby
- If you have any problems exiting, push the **HELP** button on the ticket machine

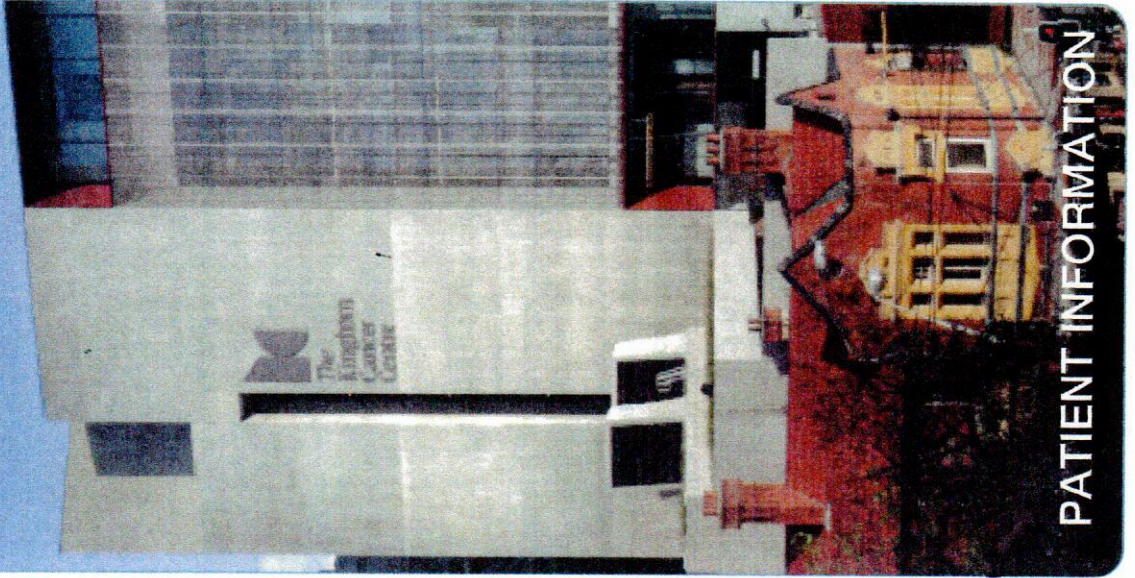
KINGHORN PARKING PRICES

0 – 0.5hrs	\$4
0.5 – 1hr	\$8
1 – 1.5hrs	\$12
1.5 – 3hrs	\$19
3 – 4hrs	\$22
4hrs +	\$28



The Kinghorn
Cancer
Centre

ST VINCENT'S HEAD AND NECK CLINIC



PATIENT INFORMATION

