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## **Post-operative Instruction Sheet: Neck Dissection/Parotidectomy**

A neck dissection is a procedure where the lymph nodes in the neck and some of the surrounding structures (including muscle) are removed.

A parotidectomy is the surgical excision (removal) of the parotid gland, the major and largest of the salivary glands.

### **Analgesia**

- Paracetamol or Paracetamol with Codeine combination – as required
- No Aspirin or Nurofen for one week

### **Activity**

- Nil strenuous activity for two weeks after surgery

### **Wound**

- Wound may be wet in shower and dabbed dry with a towel
- Topical aqueous cream or barrier cream two times per day
- Wound may be left open without any covering
- Numbness around the wound extending up onto the ear is normal and will improve over first six months
- Please notify rooms if there is any significant swelling that occurs under the wound

### **Medications**

- Take antibiotics – if prescribed

### **Post-Operative Follow-Up**

- Removal of sutures from wound is typical day seven to ten
- Post-Operative follow-up in rooms is typically two weeks after surgery
- If you have any issues, please contact the rooms within business hours. If you have an emergency outside of normal business hours please present to the nearest emergency department.